

Circle Introductions

Description:

This activity is a fun way to help people learn to introduce themselves and learn the names of others.

Team Size:

6 players or more

Materials Required:

None

Time Required:

10+ minutes

Instructions:

1. The participants get into a circle.
2. The leader starts by saying his or her name.
3. Then, going around the circle everyone introduces themselves.
4. Once everyone has gone, and it is the leader's turn again, he or she will say hello to the person before them (using the person's name) and then introduce themselves back. "Hi (person on left). I am (name).
5. Next time, the leader will say "Hi (person on right). My name is (name). Have you met (person on left)?"
6. Continue with different combinations and sentence structures as desired. To make it more difficult the leader can have everyone switch places in the circle and then go around introducing each other again. You could also have the person doing the introduction say hi to everyone in the circle. Be creative with lots of different variations.

Debriefing Notes:

Remind participants that using someone's name is a way to make them feel valued and cared for!